

Smart Support Logic Model

Mission:

To provide quality mental health consultation services to early care and education providers that promote the social and emotional development of all children in their care and help them respond to children with behavioral challenges.

Target Audience:

- ADHS licensed child care centers and preschools
- DES regulated home - based providers
- Community based health and development providers

Theoretical Lenses:

- Relational
- Culture and Diversity
- Developmental
- Biological
- Psychological
- General Systems Theory
- Attachment Theory
- Trauma
- Self-regulation & Sensory Processing

Activities:

4b. Support staff to implement individualized strategies that respond to challenging child behaviors.
 4a. Understand the meaning and function of persistently challenging behavior

3b. Support staff to implement strategies to systematically teach social and emotional skills.
 3a. Understand the provider's approach to promoting social emotional development

2b. Support staff to implement strategies that strengthen relationships.
 2a. understand the relationships between children and teachers, staff and parents that between staff members.

1b. Support staff to implement strategies to enhance their overall environment.
 1a. Understand the overall design of the early childhood environment and its contribution to the prevention or exacerbation of challenging childhood behaviors.

Mediating Variables:

- Teacher education
- Administrator support and engagement
- Teacher depression/burn-out
- Involvement in other intervention programs (e.g., QF; inclusion program)

Short-term Outcomes:

- Emotional climate
- Staff-staff interactions
- Parent-staff interactions
- Teacher attitudes, beliefs & knowledge
- Teacher-child relationships
- Child behavior
- Involvement with early intervention
- Risk of expulsion

Long-Term Outcomes:

Increased capacity of early childhood settings across the state to better meet the social and emotional needs of young children

Theory of Change:

Through the development of trusting relationships with child care administrators and staff, we hope to influence professional thinking and practice.

Through the experience of this supportive, dependable relationship with the Mental Health Consultant and the development of shared language and shared understanding, we believe child care providers will be better equipped to adopt a stance of :

- Curiosity about the meaning of children's behaviors
- Flexibility in thinking about young children's needs
- Emotional availability to the children in their care
- Openness to new information
- Respect for self as a professional