Sample IECMHC Logic Model for Home Visiting

Context/Setting:
There are high rates of maternal depression among home visiting recipients, which can be a barrier to positive outcomes for families.

IECMHC Receipients:
Direct: Home visitors
Indirect: Parents and infants/toddlers

Outputs/Activities:
• Individual or group consultation with home visitors
• Training for home visitors
• Mental health screening and assessment guidance
• Co-led home visits

Inputs/Partners/Resources:
• Funding to hire, train, support, and supervise qualified experienced infant and early childhood mental health consultants
• Partnership with home visiting program

Short-term Outcomes:
• Increased home visitor understanding of mental health and confidence in discussing mental health concerns with families
• Increased home visitor reflective capacity
• Decreased home visitor burnout and turnover
• Increased likelihood that families will stay engaged in program until completion

Mediators/Moderators:
Mediators:
• Consultant-home visitor relationship quality
Moderators:
• Dose of consultation
• Home visitor and parental buy-in

Long-term Outcomes:
• Reduced maternal depression and stress
• Strengthened maternal-infant attachment

Theory of Change:
If home visitors are better prepared to address mental health concerns with the families they serve, child and family outcomes will improve and home visitors will experience less stress and burnout.