



An Invitation to Notice

You don't have to be certain something is wrong to reach out for consultation. Noticing is enough.



Prompts for noticing

- Is the same child coming up, meeting after meeting?
- Are there parts of your day you find yourself bracing for or dreading?
- Is redirection outweighing connection lately?
- Is behavior that felt manageable before feeling harder right now?
- Has turnover meant the "why" behind strategies has gotten lost along the way?
- Have families regularly elevated concerns?
- Have you tried what you know and still feel unsure about what will help?



What an earlier conversation can offer

- More space for relationship development makes big conversations more comfortable
- Support during what would be a "wait and see" period
 - Data gathering, behavior hypotheses, strategy decisions
- An opportunity for teams to move forward intentionally, together
- Increased adult regulation and capacity building
- Easier reflection

Consultation can start with curiosity. It doesn't have to start with a crisis.

