

An Inventory of Mental Health Consultant Activities

Intervention (Children Exhibiting Challenging or Troubling Behaviors)

Child- or Family-Centered Consultation

- Provide individualized support services for early childhood staff regarding a specific child's troubling behavior
- Engage families in developing individualized behavior support plans
- Link child/family to community mental health services and assist with care coordination

Programmatic Consultation

- Train early childhood staff in creating and implementing individualized behavior support plans
- Help early childhood program foster relationships with community services and providers
- Work with early childhood program to develop inclusive policies for working with children with challenging behaviors

(Duran et al., 2009)