



Raising Awareness in Infant Early Childhood Mental Health Consultation (IECMHC) with an Equity Lens

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What is Infant/Early Childhood Mental Health Consultation?

What is I/ECMHC? Video (English)



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What is I/ECMHC? Video (Spanish)



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Indicate Which Systems I/ECMHC is Embedded in Your State?

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The Why?

- “Illinois' Early Childhood Expulsion Law (IL PA 100–0105) is one of the most expansive pieces of early childhood expulsion legislation passed across the nation (Meek et al., 2020; Padilla et al., 2020). This law seeks to limit, if not end, the use of exclusionary discipline in any publicly funded or state-licensed early childhood program serving children between the ages of birth to five”.
- “Home-based programs in this sample expelled children more than 10 times the rate of center-based programs and transitioned them out at over 5 times the rate”.
- “Nearly 40% who had never heard of Infant and Early Childhood Mental Health Consultation (IECMHC) had made at least one exclusion during that same year”.

Evaluating the implementation of the Illinois expulsion law 2017-2020

Findings & recommendations three years later



Infant Early Childhood Mental Health System

Promotion	Prevention	Intervention	Treatment
Maternal Mental Health and Newborn Care			
Home Visiting			
Early Care / Education			
Infant/Early Childhood Mental Health Consultation			
	Clinical Mental Health Services		
		Early Intervention	
		Early Childhood Special Education	
Child Welfare System			



Key Partners

- Governor's Office of Early Childhood Development
- Division of Early Childhood: Illinois Department of Human Services
- Illinois State Board of Education
- Illinois Child Care Resource and Referral Agency
- Illinois Head Start Association
- Early Learning Council-Parent Advisory Council
- Chaddock-Statewide Administrator of Childcare I/ECMHC
 - Subcontractors, Consultants, FCCH Professionals
- Early Intervention: Social Emotional Consultants
- Philanthropy
- Advocates
- I/ECMHC Leadership Team

Where Did we Get the Money?

- COVID Relief-CARES Act
 - Governor's Emergency Education Relief (GEER II) Funding
 - Infant/Early Childhood Mental Health Consultation Manager (GOECD)
 - Communication and Dissemination Coordinator (GOECD)
- Doubled I/ECMHC Childcare Workforce
- Training and Technical Assistance to I/ECMHC Workforce
- Raising Awareness Campaign



One-Pagers Library

- What is I/ECMHC? *Audience - School Administrators* ([English](#), [Spanish](#))
- What is I/ECMHC? *Audience - ECEC Program Leaders* ([English](#), [Spanish](#), [Polish](#), Chinese [traditional](#) and [simplified](#), [Arabic](#), and [Russian](#))
- What is I/ECMHC? *Audience - Parents* ([English](#), [Spanish](#), [Polish](#), Chinese [traditional](#), [Russian](#) and [Arabic](#))
- What is I/ECMHC? *Audience - Family Child Care* ([English](#), [Spanish](#), [Polish](#), Chinese [traditional](#), [Russian](#), and [Arabic](#))
- What is I/ECMHC? *Audience - Social-Emotional Consultants* ([English](#), [Spanish](#), [Polish](#), Chinese [traditional](#) and [simplified](#), [Arabic](#), and [Russian](#))
- What is I/ECMHC? *Audience - Home Visiting* ([English](#), [Spanish](#), [Polish](#), Chinese [traditional](#) and [simplified](#), [Arabic](#), and [Russian](#))
- What is I/ECMHC? *Audience - Child Care* ([English](#), [Spanish](#), [Polish](#), Chinese [traditional](#) and [simplified](#), [Arabic](#), and [Russian](#))
- What is I/ECMHC? *Audience - Head Start/EHS* ([English](#), [Spanish](#), [Polish](#), Chinese [traditional](#) and [simplified](#), [Arabic](#), and [Russian](#))
- What is I/ECMHC? *Audience - Activity Tracker* ([English](#) and [Spanish](#))



INTERVENCIÓN TEMPRANA

¿Cómo funciona I/ECMHC en Intervención temprana?

¿Qué es un Consultor Socioemocional?

Los consultores de salud mental para bebés/primer infancia dentro de la intervención temprana se conocen actualmente como consultores socioemocionales (Consultor SE). Sin embargo, en otros sistemas de la primera infancia, el rol se conoce comúnmente como Consultor de salud mental infantil/de la primera infancia. El consultor socioemocional (SE) brinda desarrollo profesional, consultas clínicas y apoyo de sistemas para infundir la práctica reflexiva basada en las relaciones a lo largo del proceso de intervención temprana. Las responsabilidades principales del consultor socioemocional incluyen la consulta reflexiva al administrador del programa Child and Family Connections (CFC), consulta de casos individuales y grupales, y coordinación de componentes, incluida la supervisión de la implementación de la evaluación socioemocional y la evaluación especializada. El trabajo principal del Consultor Socioemocional es de carácter consultivo para apoyar a los proveedores y personal afiliado a la CFC.

Fuente: Departamento de Servicios Humanos de IL — Manual de procedimientos de conexiones entre niños y familias
Capítulo 4: Servicios de apoyo para conexiones entre niños y familias - 4.3 Procedimiento del componente socioemocional
<https://www.dhs.state.il.us/ei/bit.ly/IL-IECMHC>

¿Cómo puede un consultor socioemocional apoyar al liderazgo del programa CFC?

- Ofrecer apoyo en torno a las difíciles demandas del rol de gerente.
- Proporcionar al administrador del programa CFC y/u otros líderes del programa experiencia de primera mano en supervisión reflexiva para prepararlos para brindar supervisión reflexiva al personal.
- Planificar y monitorear conjuntamente todos los componentes socioemocionales dentro de la Atención Temprana.

"Los proveedores sienten que están... solos cuando están cansados. El SEC brinda espacio para que los proveedores hagan más preguntas y desarrollen más capacidad para retener a las familias un poco más. Invertir ese tiempo con la SEC, para mantener su carga de casos y crear menos agotamiento fuera del campo". — Gerente del Programa CFC

IDHS-División de Primera Infancia,
Oficina de Intervención Temprana
217.782.1981
[dhs.state.il.us/ei](https://www.dhs.state.il.us/ei)
[bit.ly/IL-IECMHC](https://www.dhs.state.il.us/ei/bit.ly/IL-IECMHC)

Escanee el código QR

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- Siga las instrucciones en pantalla para completar la acción



Governor's Office of Early Childhood Development | Mental Health Consultation in Illinois

One-Pagers Continued

- Competencies - What is I/ECMHC? *Audience - Infant Early Childhood Mental Health Consultants* ([English](#), [Spanish](#), [Polish](#), Chinese [traditional](#) and [simplified](#), [Arabic](#), and [Russian](#))
- What is I/ECMHC? *Audience - Early Childhood Professionals and Leaders* ([English](#), [Spanish](#), [Polish](#), Chinese [traditional](#) and [simplified](#), [Arabic](#), and [Russian](#))
- Career-Infant Early Childhood Mental Health Consultation as a CAREER! *Audience - ALL* ([English](#), [Spanish](#), [Polish](#), Chinese [traditional](#) and [simplified](#), [Arabic](#), and [Russian](#))
- Diversity, Equity, Inclusion, Belonging Supports - *Audience - Program Leaders* ([English](#) and [Spanish](#))
- Diversity, Equity, Inclusion, Belonging Supports - *Audience - I/ECMHC* ([English](#) and [Spanish](#))
- Infant Early Childhood Mental Health REFERENCE SHEET - *Audience - Parents and Families* ([English](#), [Spanish](#), [Polish](#), Chinese [traditional](#) and [simplified](#), [Arabic](#), and [Russian](#))
- Infant Early Childhood Mental Health REFERENCE SHEET WITH RESOURCES- *Audience - Parents and Families* ([English](#), [Spanish](#), [Polish](#), Chinese [traditional](#) and [simplified](#), [Arabic](#), and [Russian](#))



Video Library

- The Illinois Model of Infant/Early Childhood Mental Health Consultation
- I/ECMHC Consultant Search
- [Three Types of I/ECMHC Delivery \(1:44\)](#)
- [A Day in the Life of a Consultant \(5:17\)](#)
- Story of Dennis - ECEC Program
- Story of Kay - Early Intervention
- Message of Support from Illinois Governor J.B. Pritzker
 - [English](#), [Arabic](#), [Spanish](#), [Polish](#), [Russian](#), [Traditional Chinese](#), [Simplified Chinese](#)

A Day in the Life



Dissemination Efforts

- Mass email of the raising awareness launch
- Stakeholders shared on their list serves
- Soft launch in March of Illinois Head Start Association
- Illinois Cares for Kids website
- Chaddock/Caregiver Connections
- Raising Illinois
- Institutions of Higher Education
- DC: 0-5 trainings
- Birth to Five Councils
- Illinois I/ECMHC Annual Symposium



家庭式托育

嬰幼兒心理健康諮詢是什麼？

您身為一位家庭式托育服務提供者，是否覺得受到孤立？

您是否希望讓您的家庭式托育之家得到更多支援，但卻不知道該怎麼做？

您是否發現現在的兒童需要您付出更多一些，而這有時讓您疲憊不堪？

幾十年來，伊利諾州的家庭不斷地轉為選擇家庭式托育之家，這是一個值得信賴的早期學習來源，並在他們的社區裡，為兒童在學校裡的第一次學習體驗做好準備。隨著時間經過，關於嬰幼兒的成長及發展的研究結果也不斷發展。諮詢顧問將與您合作，以制定共同目標，並強化您每天教導和培養兒童的那些充滿魔力的方式。

I/ECMHC：放慢腳步，以思考更深、反思更多，並提升自我覺察：

與諮詢顧問合作的幼兒領域專業人士的報告：



在他們照顧下的兒童具有更多社交情感上的優點



兒童的行為上問題較少



減少了教育工作者的與兒童行為相關的壓力

「我的諮詢顧問能夠帶來新的點子。它有助於團隊合作，而且它絕對使我的工作變得更輕鬆且更有效。它也提供我們額外的有用資源。」



Governor's Office of
Early Childhood Development



Mental Health
Consultation in Illinois

照樣者連結
接案協調員
217.592.0389

caregiverconnections.org
bit.ly/IL-ECMHC

掃描二維條碼 (QR code)

- 開啟相機應用程式
- 輕輕點擊條碼以將相機對焦條碼
- 按照螢幕上的說明來完成動



Increasing Language Access

- Prompted state agency partners
- Have access to interpretation services
- More centralized process, intake coordinator and consultants have access to interpretation
- Ensure that we have that access to services
- Propio-Access to over 300 languages

Putting it into Practice

- Increasing equity
 - Youth in Care
 - Family Childcare Homes





Family Childcare Centers

- Additional outreach efforts
- Family Childcare Homes
 - Providing Circle of Security training
 - foundational training attachment and trauma
 - Offered participants stipends
 - Connect with other FCC providers
 - MHC's build relationships with FCC providers



Thank You!

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