

Infant and Early Childhood Mental Health Across Ohio Systems

*INFANT & EARLY CHILDHOOD MENTAL HEALTH CONSULTATION
CONFERENCE: EQUITY FROM THE START CONFERENCE 2023*

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CENTER OF EXCELLENCE FOR
Infant & Early Childhood
Mental Health Consultation
Growth. Advancement. Impact.

Special thanks:

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Workshop Objectives

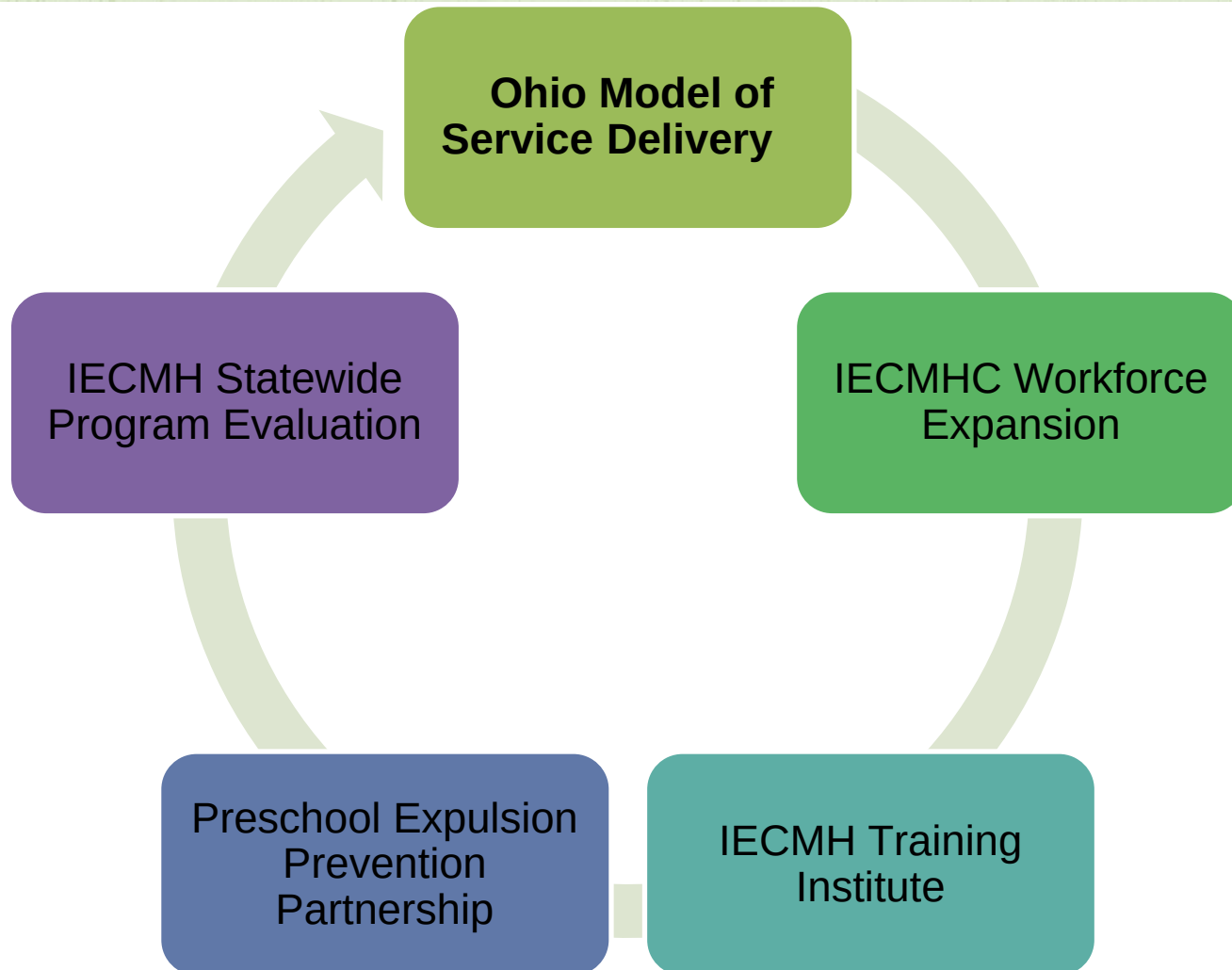
1.

Identify three benefits of cross systems collaboration

2.

Identify two ways consultation supports multi-tiered services

Ohio's IECMH Service Delivery Model



IECMH in the Ohio Department of Developmental Disabilities



The Pilot



Statewide access

Increase Developmental Specialist confidence and competence

Data collection

- Attend Early Intervention Team Meetings at least twice monthly
- Share information and resources explaining additional assessment & screening tools for social emotional development
- Provide expertise in mental health for teams and families

The Benefits



- Increase in trauma awareness and impact on development
- Increase in competence and confidence for teams and parents
- IECMH Consultant provides a mental health “lens” to the work
- IECMH Consultants provide support for staff, families and children
- Social emotional strategies integrated into Individual Family Service Plan (IFSP)

The Future of DoDD & IECMH

- Continued partnership
- Data collection and evaluation
- Strengthening the collaboration
- Sharing the narrative



FQHC Partnership



The Expansion

- FQHC Staff trained and receive ECMH credential
- Workflow created to incorporate Devereux Early Childhood Assessment at all well child checkups
- Destigmatize mental health services for parents & children
- Maternal depression screenings for expecting & new mothers



The Benefits



- Mental health screenings and conversations become part of each well child checkup
- Early identification of potential challenges including perinatal mood and anxiety disorders, attachment, and child initiative
- IECMH trained staff inside FQHC have resources, community connections, and support to provide effective services

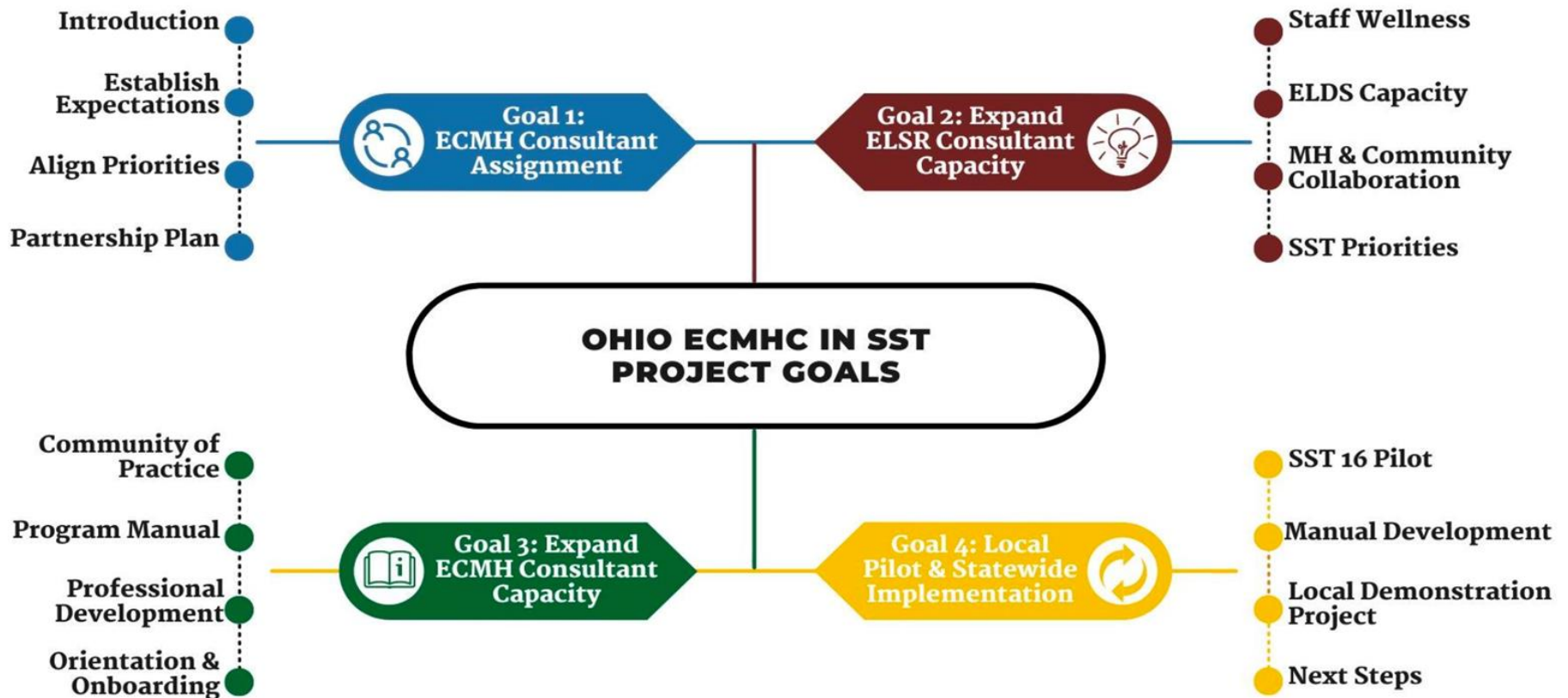
The Future of FQHC & IECMH

- 3 cohorts in the first year of partnership
- Second year of partnership to include 2 cohorts
- Goal → Every FQHC in Ohio to have IECMH consultant on staff
- Data collection to show impact
- Maternal depression screening training

Ohio Department of Education Partnership



The Expansion



The Benefits



As a result of this initiative, Early Childhood Mental Health (ECMH) Consultants are joining Ohio's State Support Teams, working together to support *Ohio's Strategic Plan for Education* and *Ohio's Whole Child Framework*.

Statewide, ECMH Consultants will:

- Promote staff wellness and self-care for SST staff and district partners;
- Build capacity of ELSR Consultants to promote social emotional learning and the whole child framework in their region and respond to challenges presented by partner districts
- Other: Support regional SST initiatives → PBIS, community collaborations, family engagement: other SST team priorities

The Future of ODE & IECMH

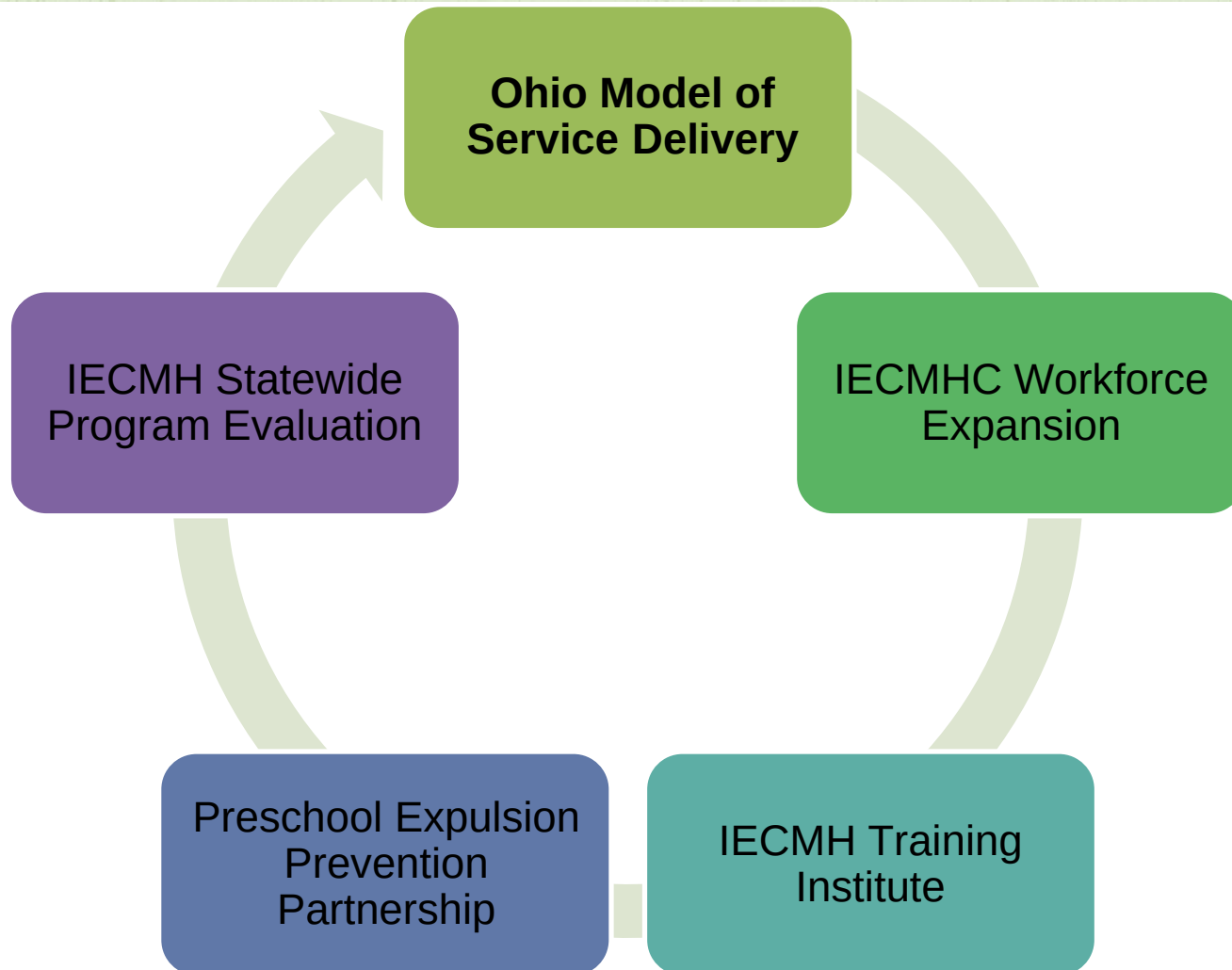
- Continue to build capacity of ECMH Consultants
- Continued data collection
- Identify opportunities for sustainability
- Support State Support Team Workforce



Reflection



Ohio's IECMH Service Delivery Model



IECMH is Foundational Across Services



Session Summary

Three benefits of cross
systems collaboration are:

Two ways consultation
supports multi-tiered
services are:



THANK YOU!

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Resources



Center of Excellence for Infant and Early Childhood Mental Health Consultation

<https://www.iecmhc.org/documents/CoE-Theory-of-Change-Descriptions.pdf>

Mental Health America (MHA) www.mentalhealthamerica.net

National Alliance on Mental Illness (NAMI) www.nami.org

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